



6th AUSTRALIAN
PALLIATIVE CARE
RESEARCH COLLOQUIUM
LEARN. CONNECT. COLLABORATE.
25 - 26 October 2018 Melbourne Victoria

PROGRAM

Last updated on: 21 August 2018

DAY ONE – Thursday 25 October 2018

8:45 AM - 9:00 AM	PCRN Breakfast Forum Registration
9:00 AM - 10:35 AM	<p>Palliative Care Research Network Pre-Colloquium Forum & Breakfast: "CANNABIS RESEARCH IN PALLIATIVE CARE - THE HIGHS AND LOWS"</p> <p><i>Would you like to know how to build a cannabis research program in palliative care?</i></p> <p>This Forum will provide an overview on the current situation of cannabis research in palliative care and also provide general guidance on how to build a cannabis research program, using examples of current cannabis research studies. Additional issues with cannabis research that can become barriers to progress and possible solutions will also be discussed. A discussion panel will follow the forum presentations. View the full Forum Program here.</p> <p>Presenters: Jennifer Philip (University of Melbourne, St Vincent's Hospital Melbourne & Victorian Comprehensive Cancer Centre, VIC) Jennifer Martin (University of Newcastle, NSW) Grace Walpole (Monash Health, VIC)</p> <p>Facilitator: Soula Ganiatsas (Centre for Palliative Care & PCRN, VIC)</p>
10:35 AM - 11:00 AM	Colloquium Registration, Morning Tea and Networking
11:00 AM - 11:10 AM	<p>Welcome to 2018 Colloquium Presenter: Peter Hudson (Centre for Palliative Care & St Vincent's Hospital Melbourne, VIC)</p>
11:10 AM - 12:20 PM	<p>KEYNOTE ADDRESS: Philanthropy and Palliative Care: the love of humankind</p>

	<p>Purpose: To provide an overview on the intersection of philanthropy and palliative care: identifying possibilities that may be available, understanding the relationships between researchers and donors/ potential donors, and how to engage philanthropy in your research.</p> <p><i>Generosity of spirit lies at the heart of both philanthropy and quality of care. Technical skills are critically important but expert practitioners bring the additional commitment of service to others through their own direct actions or by means of resources to which they have access. Recognition of such common foundational principles is significant in the formulation of development plans for seeking philanthropic support for palliative care research and practice. Alignment of the passion of potential donors with the mission of the palliative care program is a critical success factor. The establishment of philanthropic relationships is definitely a team activity. Expert clinicians, clinical academics and development professionals working closely together is a key. A compelling narrative as to the program goals and why philanthropy should contribute sets the scene for meaningful engagement. Philanthropic support especially in the clinical academic context is best seen as an exercise in seeking investment, with careful attention being given to ensuring potential donors are able to achieve the 'philanthropic return on investment' they are wanting. Specific case studies will be used to demonstrate a range of varied pathways that culminate in successful philanthropic partnerships with particular reference to clinical settings.</i></p> <p>Presenter: Glenn Bowes (University of Melbourne, VIC)</p> <p>Facilitator: Peter Hudson (Centre for Palliative Care & St Vincent's Hospital Melbourne, VIC)</p>
<p>12:20 PM - 12:30 PM</p>	<p>Introduction to Poster Competition and Colloquium Game [Presenter: Jennifer Philip (University of Melbourne, St Vincent's Hospital Melbourne & Victorian Comprehensive Cancer Centre, VIC)]</p>
<p>12:30 PM - 1:30 PM</p>	<p>Lunch and Networking Lunch is served in Straits Café</p>
<p>1:30 PM - 3:00 PM</p>	<p>SESSION 1: Steps for research in health interventions involving implementation science</p> <p>Purpose: To provide an overview of the latest research associated with implementation science in health interventions, including guidance on how to incorporate implementation into your study design.</p> <p>Presenters: Jane Phillips (ImPACCT, University of Technology Sydney, NSW) TBC</p> <p>Facilitator: Jennifer Philip (University of Melbourne, St Vincent's Hospital Melbourne & Victorian Comprehensive Cancer Centre, VIC)</p>
<p>3:00 PM - 3:30 PM</p>	<p>Afternoon Tea Afternoon Tea, Networking and Poster Viewing at Atrium</p>
<p>3:30 PM - 5:05 PM</p>	<p>SESSION 2: New research and law: legal aspects of palliative care and end of life care</p> <p>Purpose: To provide an overview on new research and law and the legal aspects of palliative care and end of life care.</p>

	<p>Presenters: Lindy Willmott (Queensland University of Technology, QLD) James Cameron (University of Melbourne, VIC)</p> <p>Facilitator: Chi Li (Alfred Health, VIC)</p>
3:30 - 3:35 pm	<p>Introduction – Session 2 Chi Li (Alfred Health, VIC)</p>
3:35 - 4:15 pm	<p>Providing pain and symptom relief at the end of life: Should health professionals fear regulation? Lindy Willmott (Queensland University of Technology, QLD) <i>Anecdotal evidence suggests that health professionals may fear potential legal and/or professional repercussions if their patient dies after receiving pain relieving medication at the end of life. This presentation describes the findings of a recent review of publicly available cases in Australia which reveals comparatively little judicial or quasi-judicial scrutiny where over- medication is alleged to have resulted in a patient’s death. Existing laws and other forms of regulation therefore should not inhibit the prescription and administration of adequate pain and other symptom relief to people at the end of life.</i></p>
4:15 - 4:45 pm	<p>A child's best interests – decisions to withdraw or withhold life sustaining treatment from children James Cameron (University of Melbourne, VIC) <i>This presentation will explore how decisions are made to withdraw or withhold life sustaining treatment from children and how a child's 'best interests' may be identified. The presentation will consider the divergent values and practices that may inform decisions and the challenge of developing a consistent approach in a pluralistic society.</i></p>
4:45 - 5:05 pm	<p>Q & A / Panel Discussion Panel: All session 2 presenters</p>
5:05 PM - 7:00 PM	<p>Networking Drinks and Nibbles Networking over drinks and nibbles at Atrium</p>

DAY TWO – Friday 26 October 2018

8:30 AM - 9:00 AM	<p>Networking and Refreshments Networking, Refreshments and Poster Viewing at Atrium</p>
9:00 AM - 10:30 AM	<p>SESSION 3: Practical aspects of clinical trials: challenges and learnings</p> <p>Purpose: To provide an overview of the practical aspects of Clinical Trials – what works, what does not work & the challenges – based on specific clinical trial projects as examples.</p>

	<p>Presenters: Jennifer Philip (University of Melbourne, St Vincent's Hospital Melbourne & Victorian Comprehensive Cancer Centre, VIC) Brian Le (Victorian Comprehensive Cancer Centre, Peter MacCallum Cancer Centre, Royal Melbourne Hospital & University of Melbourne, VIC) Tina Thomas (Centre for Palliative Care, VIC)</p> <p>Facilitator: Jennifer Weil (Centre for Palliative Care & St Vincent's Hospital Melbourne, VIC)</p> <p>Introduction – Session 3 Jennifer Weil (Centre for Palliative Care & St Vincent's Hospital Melbourne, VIC)</p> <p>9:05 - 9:25 am Trials of complex health interventions: Palliative care is complex! Jennifer Philip (University of Melbourne, St Vincent's Hospital Melbourne & Victorian Comprehensive Cancer Centre, VIC) <i>Evidence suggests early referral to palliative care improves symptoms and quality of life for patients with cancer. Yet gaps in understanding remain, particularly around the timing of palliative care, the 'dose' required, and the impact upon not only the patient but also the family and health care system. This presentation will explore the opportunities and challenges of conducting a clinical trial of introducing standardized early palliative care ('STEP Care') at designated time points for patients with advanced cancer, and discuss some surprises and rewards of clinical research.</i></p> <p>9:25 - 9:45 am Pharmaceutical clinical trials – the nuts and bolts Brian Le (Victorian Comprehensive Cancer Centre, Peter MacCallum Cancer Centre, Royal Melbourne Hospital & University of Melbourne, VIC) <i>Pharmaceutical clinical trials form the backbone of therapeutic intervention studies in a range of clinical areas, including oncology, cardiology, immunology and increasingly palliative care. In the past recent years, Australia has led the way in pharmaceutical trials research from our highly successful cooperative group studies, and participation in industry sponsored studies. This talk will cover an approach to pharmaceutical trials, from feasibility, to budgets and ethics, initiation and recruitment.</i></p> <p>9:45 - 10:05 am Trialling a family meeting as part of routine care: from Woe to Go Tina Thomas (Centre for Palliative Care, VIC) <i>The aim of this presentation is to utilise data from a recently completed trial on 'the effectiveness of structured family meetings' to explore practical challenges of conducting clinical trials in palliative care including:</i> 1. Methodological challenges; 2. Recruitment and retention issues; 3. Interpretability and generalisability of the results. <i>Both challenges and potential ways to meet challenges in the context of palliative care will be presented and questions posed about the ultimate usefulness of trials in this context.</i></p> <p>10:05 - 10:30 am Q & A / Panel Discussion Panel: All session 3 presenters</p>
10:30 AM - 11:00 AM	Morning Tea Morning Tea, Networking and Poster Viewing at Atrium

11:00 AM - 12:30 PM	<p>SESSION 4: Making collaborative interdisciplinary research a success</p> <p>Purpose: To highlight strategies to foster collaborative interdisciplinary palliative care research. The session will focus on the issues of interdisciplinary research and will touch on how interdisciplinary palliative care research is operationalized, including outlining some of the barriers/enablers of interdisciplinary palliative care research.</p> <p>Presenters: Penny Schofield (Swinburne University of Technology, VIC) Clare O'Callaghan (Cabrini Health & Caritas Christi Hospice, St Vincent's Hospital Melbourne, VIC)</p> <p>Facilitator: Peter Hudson (Centre for Palliative Care & St Vincent's Hospital Melbourne, VIC).</p>
11:00 - 11:05 am	<p>Introduction – Session 3 <i>Peter Hudson (Centre for Palliative Care & St Vincent's Hospital Melbourne, VIC).</i></p>
11.05-11.35 am	<p>Insight, Anticipation and Generosity: The Principle investigators perspective on interdisciplinary research success Penny Schofield (Swinburne University of Technology, VIC) All health problems experienced by patients tend to be complex, but when patients have incurable disease their palliative care needs span the physical, psychology, familial, social, daily living, legal/financial and spiritual domains. To solve these complex and inter-related problems, we need to investigate them from an interdisciplinary lens. This talk will present the consideration, challenges and solutions for building interdisciplinary research teams in palliative care and how to lead an interdisciplinary team to foster creative and innovative solutions; build capacity in the domain and commitment to the project and the team.</p>
11.35 am - 12.05 pm	<p>Finding common ground in interdisciplinary palliative care research: Lessons learned by an allied health worker Clare O'Callaghan (Cabrini Health & Caritas Christi Hospice, St Vincent's Hospital Melbourne, VIC) <i>In palliative care research, an interdisciplinary approach to refining questions, developing designs, completing projects, and translating findings into effective care is important. The process is facilitated when the research team finds common ground, that is, share investment in study aims and agreement in methods used to address them. This talk presents challenges faced and lessons learned by a music therapist who has also worked as a researcher with many teams in supportive cancer and palliative care.</i></p>
12.05 -12.30 pm	<p>Q & A / Panel Discussion Panel: All session 4 presenters</p>
12:30 PM - 1:30 PM	<p>Lunch and Networking Lunch is served in Straits Café</p>

<p>1:30 PM - 4:15 PM</p>	<p>SESSION 5: Real-life challenges in palliative care research - sharing the nitty and the gritty.</p> <p>Purpose: This session will be a closed and will provide opportunities for participants to hear from researchers in the field speak candidly about their research challenges, dilemmas and conundrums. Some of these will have solutions and many will not - all will have learning which can be shared. There will also be an opportunity to use the wisdom of the panel and the room to discuss current dilemmas and workshop potential approaches. Examples of broad areas discuss might include intellectual property, challenges of working in collaborative teams, authorship, division of responsibilities - and whatever else you bring!</p> <p>Presenters: TBC</p> <p>Facilitators: Michael Chapman (Canberra Hospital, ACT) & Jennifer Weil (Centre for Palliative Care & St Vincent's Hospital Melbourne, VIC)</p>
<p>4:15 PM - 4:25 PM</p>	<p>Game & Poster Prize Award [Presenter: Jennifer Philip (University of Melbourne, St Vincent's Hospital Melbourne & Victorian Comprehensive Cancer Centre, VIC)]</p>
<p>4:25 PM - 4:30 PM</p>	<p>Colloquium Wrap Up [Presenter: Peter Hudson (Centre for Palliative Care & St Vincent's Hospital Melbourne, VIC)]</p>

